



it all starts with a smile...

### **Instructions to Patients Receiving Immediate Denture.**

A great deal of care and skill has been used in the production of the denture(s), which you have received. To enable you to learn to use the denture(s) as quickly as possible get the greatest benefit from them, you are asked to note the following advice: -

- 1) DO NOT remove the denture yourself. Your dentist will remove them at your next appointment.
- 2) If pain occurs, relief may be obtained by taking two paracetamol tablets at not less than four-hourly intervals.
- 3) Eat only SOFT FOODS at this stage and rinse the mouth lightly after meals with warm salt water.

### **NEXT APPOINTMENT**

This appointment will normally be arranged about twenty-four hours following the extractions. Your dentures will be removed and any treatment necessary to improve your comfort will be carried out. You will be shown how to remove and replace the dentures and your next follow-up appointment will be arranged.

### **HOME CARE**

- 1) Eating may be difficult at first. Cut your food into small pieces and take your time chewing. Avoid tough and sticky foods over the learning period.
- 2) Remove your dentures and clean them after each meal. A soft brush with soap and cold water are satisfactory for cleaning. Alternatively, a proprietary denture cleaner may be used following the manufactures instructions. Rinse the mouth thoroughly with WARM WATER BEFORE REPLACING THE DENTURES.
- 3) Wear the dentures night and day, removing them only for cleaning. (You will be advised when you can begin to leave the dentures out at night.)
- 4) Pain and soreness sometimes occur with the new dentures and adjustment may be required. Arrange an appointment to see your dentist as soon as possible. Do not attempt to adjust the dentures yourself.
- 5) Your dentures will become progressively as time goes by because of changes taking place in the mouth as healing proceeds. Your dentist will advise when the time has come for the dentures to be relined or remade to restore the fit.

#### **Ashford Dental Practice**

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